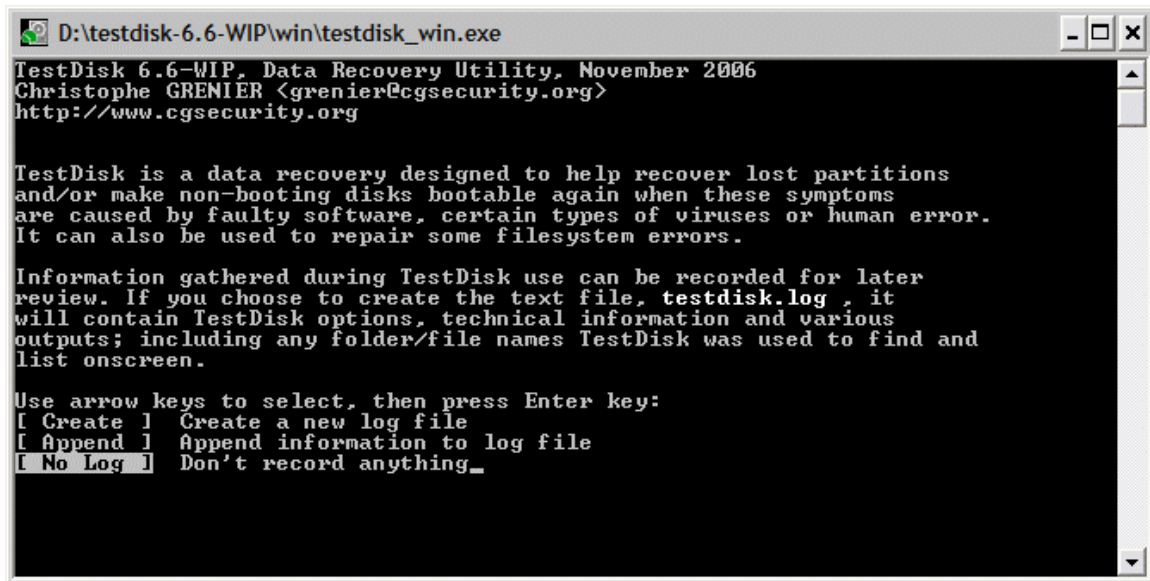


TestDisk finner du her: <http://www.cgsecurity.org/wiki/TestDisk>
Programmet kjøres under Windows (kan også kjøres fra CD eller floppy).



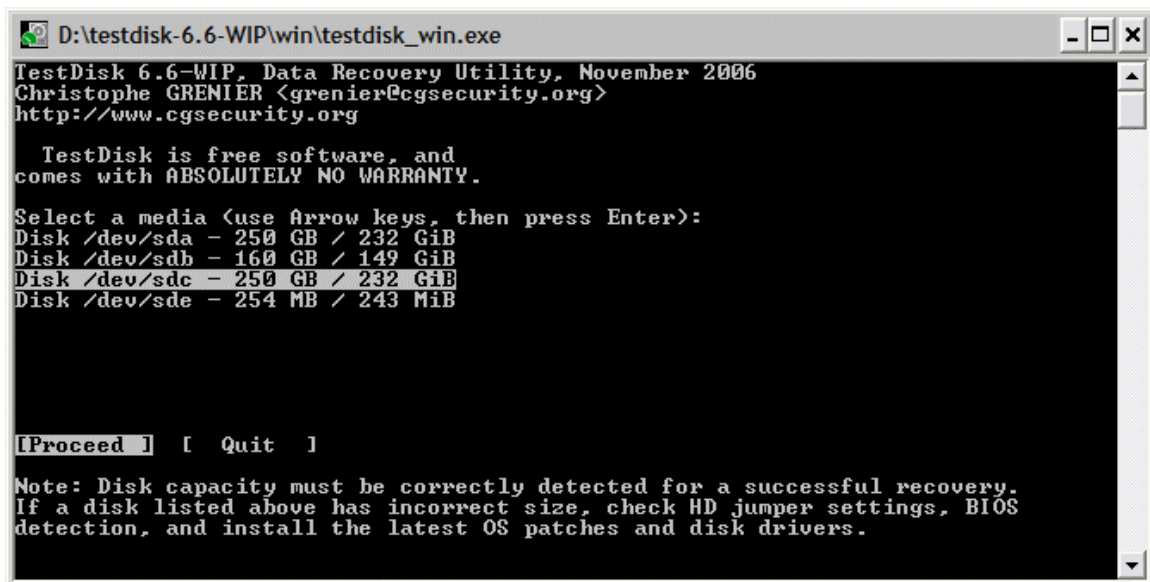
```
D:\testdisk-6.6-WIP\win\testdisk_win.exe
TestDisk 6.6-WIP, Data Recovery Utility, November 2006
Christophe GRENIER <grenier@cgsecurity.org>
http://www.cgsecurity.org

TestDisk is a data recovery designed to help recover lost partitions
and/or make non-booting disks bootable again when these symptoms
are caused by faulty software, certain types of viruses or human error.
It can also be used to repair some filesystem errors.

Information gathered during TestDisk use can be recorded for later
review. If you choose to create the text file, testdisk.log, it
will contain TestDisk options, technical information and various
outputs; including any folder/file names TestDisk was used to find and
list onscreen.

Use arrow keys to select, then press Enter key:
[ Create ] Create a new log file
[ Append ] Append information to log file
[ No Log ] Don't record anything_
```

Step 1: Valgte 'No Log'



```
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TestDisk is free software, and
comes with ABSOLUTELY NO WARRANTY.

Select a media (use Arrow keys, then press Enter):
Disk /dev/sda - 250 GB / 232 GiB
Disk /dev/sdb - 160 GB / 149 GiB
Disk /dev/sdc - 250 GB / 232 GiB
Disk /dev/sde - 254 MB / 243 MiB

[Proceed ] [ Quit ]

Note: Disk capacity must be correctly detected for a successful recovery.
If a disk listed above has incorrect size, check HD jumper settings, BIOS
detection, and install the latest OS patches and disk drivers.
```

Step 2: Velg riktig disk. Sjekk nøye at størrelsen er rapportert riktig.

```
D:\testdisk-6.6-WIP\win\testdisk_win.exe
TestDisk 6.6-WIP, Data Recovery Utility, November 2006
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http://www.cgsecurity.org

Disk /dev/sdc - 250 GB / 232 GiB

Please select the partition table type, press Enter when done.
[Intel] Intel/PC partition
[Mac] Apple partition map
[None] Non partitioned media
[Sun] Sun Solaris partition
[XBox] XBox partition
[Return] Return to disk selection_

Note: Do NOT select 'None' for media with only a single partition. It's very
rare for a drive to be 'Non-partitioned'.
```

Step 3: Velg Intel

```
D:\testdisk-6.6-WIP\win\testdisk_win.exe
TestDisk 6.6-WIP, Data Recovery Utility, November 2006
Christophe GRENIER <grenier@cgsecurity.org>
http://www.cgsecurity.org

Disk /dev/sdc - 250 GB / 232 GiB - CHS 30401 255 63

[Analyse] Analyse current partition structure and search for lost partitions
[Advanced] Filesystem Utils
[Geometry] Change disk geometry
[Options] Modify options
[MBR Code] Write TestDisk MBR code to first sector
[Delete] Delete all data in the partition table
[Quit] Return to disk selection

Note: Correct disk geometry is required for a successful recovery. 'Analyse'
process may give some warnings if it thinks the logical geometry is mismatched.
```

Step 4: Velg Analyse

```
D:\testdisk-6.6-WIP\win\testdisk_win.exe
TestDisk 6.6-WIP, Data Recovery Utility, November 2006
Christophe GRENIER <grenier@cgsecurity.org>
http://www.cgsecurity.org

Disk /dev/sdc - 250 GB / 232 GiB - CHS 30401 255 63
Current partition structure:
  Partition      Start      End      Size in sectors
  1 P HPFS - NTFS    0  1  1 30400 254 63 488392002 [Neptune]
No partition is bootable

*=Primary bootable P=Primary L=Logical E=Extended D=Deleted
[Proceed] [Backup]
Try to locate partition_
```

Step 5: Her vises gjeldende partisjonsinformasjon. Velg Proceed.

```
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TestDisk 6.6-WIP, Data Recovery Utility, November 2006
Christophe GRENIER <grenier@cgsecurity.org>
http://www.cgsecurity.org

Disk /dev/sdc - 250 GB / 232 GiB - CHS 30401 255 63
Partition      Start      End      Size in sectors
* HPFS - NTFS   0 1 1 30400 254 63 488392002 [Neptune]

Structure: Ok. Use Up/Down Arrow keys to select partition.
Use Left/Right Arrow keys to CHANGE partition characteristics:
*=Primary bootable P=Primary L=Logical E=Extended D=Deleted
Keys A: add partition, L: load backup, T: change type, P: list files,
Enter: to continue_
NTFS, 250 GB / 232 GiB
```

Step 6: Trykk Enter

```
D:\testdisk-6.6-WIP\win\testdisk_win.exe
TestDisk 6.6-WIP, Data Recovery Utility, November 2006
Christophe GRENIER <grenier@cgsecurity.org>
http://www.cgsecurity.org

Disk /dev/sdc - 250 GB / 232 GiB - CHS 30401 255 63
Partition      Start      End      Size in sectors
1 * HPFS - NTFS 0 1 1 30400 254 63 488392002 [Neptune]

[ Quit ] [Search?] [ Write ]
Write partition structure to disk_
```

Step 7: Velg Write

Ferdig.